

## Before your Trip

Great, you're going to Myanmar! We can promise you a unique trip to a fascinating country. However, planning a holiday in Myanmar is still more complicated than travelling in most other countries. Here are some things you should know, should remember or should pack when it's time to get ready.



### Find out what kind of visa you need, apply in time

Where are you coming from? Are you only going sailing with us or are you planning a longer trip in the country? Are you entering and exiting Myanmar from the same (air)port? These are all important questions for finding out what kind of permissions and visas you need. We are happy to assist during the visa application process or help you organise a visa on arrival. You will need to bring a couple of passport photos in that case. Please tell us about your plans and let us know if you have any questions.



### Consult your doctor. Get vaccinations if necessary

The medical system in Myanmar is still far from meeting international standards. Consult your doctor about possible risks, such as tropical diseases. And please tell us about any medical conditions we should be aware of.



### Do you have sufficient insurance?

Some health insurances policies exclude trips to certain countries. Others do not cover water sports like sailing. Make sure you have sufficient coverage for your trip.



### Need a lift?

We're happy to pick you up at the airport in Kawthaung, Ranong or Phuket. Please let us know in advance.



### Book hotels and flights in time

Myanmar's tourism industry is not keeping up with the fast-growing demand and hotels and flights can be difficult to book. If you are planning a longer trip in the country, make sure to book in time. We are happy to recommend local travel agencies if you need assistance. Our website should answer some questions: [burmaboating.com/blog/mergui-guide](http://burmaboating.com/blog/mergui-guide)



### Anything you don't eat?

Please let us know if you have any food allergies, or if you have any special dietary requirements.



### Bring enough cash

In most parts of Myanmar it's still impossible to find ATMs and credit cards are rarely accepted. Make sure you bring enough foreign currency. In the Mergui, US-Dollars and Thai Baht work best.



### Don't forget there's a time difference

There's a 30 minute (yes, really, 30 minutes) time difference from Thailand - many people forget that.



### If possible, bring soft bags

Meta IV has lots of storage space. But your cabin will feel even bigger if you bring soft sports bags or a rucksack instead of bulky box-like suitcases.



### Please read the Terms and Conditions

Please carefully read the Terms and Conditions. And do contact us with any questions.

## What else to bring



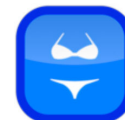
Flip-flops



Medicine, if needed



Camera



Swimsuit



Sunglasses



Hat or cap



Books



Music